

The Herald

RUMC Newsletter



June 2019
Issue No. 120



VBS Registration	Page 4
Church Council	Page 5
Community Events	Page 7
CWS Dedications	Page 8
Mark Your Calendars	Page 11



2019 Strawberry Festival

June 15, 2019

5 to 6:30 pm

Adults: \$14

Children 6-12: \$6

Children 5 & under: free

Credit Cards Accepted.

Ham, beans, potato salad, and **our very own Strawberry Shortcake!**

Take-out is available. Walk-ins welcomed.

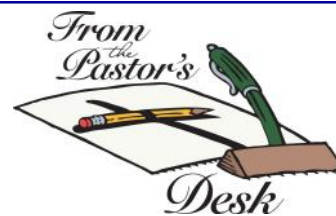
Call for information/reservations 860-875-6562

Take home a snack from our baked sale. Proceeds will go towards our Mission Shares.



Dear Rockville family,

How beautiful our world is now! The weather is getting warmer, the days are lengthening, the sky is dazzling blue and the air is fresh. We are surrounded by all sorts of signs pointing to the beginning of summer, and I am sure that we all have been looking forward to this seasonal change.



A major event of this time of year in our country is graduation— graduating from kindergarten, elementary school, high school, college... If you are having or already had a graduation party for your family, congratulations!!! On May 19th our church had a special service dedicated to, and put on by, our children and youth from the Sunday School. During our service, we recognized kids graduating from their schools, or promoted by one grade, and we prayed for their next adventures.

In terms of youth discipleship, I am delighted to announce that we have a confirmation ceremony on June 9th, at the New Covenant UMC in East Hartford. Leah Corne and Jack Longo are now ready to stand before the whole congregation to confess our Christian faith by their own will! They are no longer kids but members of our community and disciples of Jesus Christ our Lord!

Following our church calendar, we are now in the season of Pentecost. I'd like to say Pentecost is all about change. Look at what happened to all the disciples who were set on fire in the day of Pentecost. They were no longer weeping in the darkness but bold enough to change and challenge the world in the name of Jesus Christ our Savior. No one and nothing could stop their passion for the Gospel!

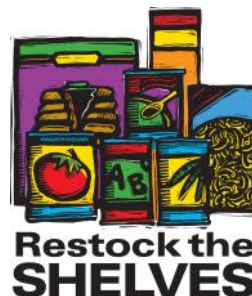
As disciples of Christ, we are a Pentecost people of today; we are people of worship; people of love; people of ministry to transform the world into the love and peace of Christ. If we really dream of those great works, we must refuse to remain infants and strive hard to grow strong and faithful in Christ. Of course, we can always grow because we are not alone but with our heavenly Father who is delighted to help his children to grow up in his love and wisdom.

Yes, June is a wonderful month for us to rejoice in all sorts of the exciting family parties and other fun activities. All worthy of mention during this time! In the midst of all that summer fun, however, let us always focus and rely on our Good Lord, who promises to send the Holy Spirit as we gather and pray together in his name, so that we can enjoy holy growth and change in our God's caring arms!

In prayer for safe and blessed summer to all of you!
Pastor Cheol

Cornerstone Food Cupboard Most Needed Items this Spring

Canned Soup Cereal
Macaroni and Cheese Boxes
Pasta Boxes Spaghetti Sauce
Canned Corn, Beets, Sauerkraut, and
Spinach
Canned Tuna, Chicken, or Salmon





One Room Summer Sunday School
(ages 3 years to 3rd grade)
June 2nd



Confirmation w/ Bishop Devadhar

June 9, 2019

10 am

New Covenant UMC

16 Church St, East Hartford, CT

The carpool from RUMC to New Covenant UMC will leave our parking lot at 9:15 am.



Celebrate Leah Corne and Jack Longo's Confirmation!

Youth Mission Week

July 22-26th

8 am to 4:30 pm

\$160/participant



We will be working with Hands on Hartford and Foodshare. You will need to provide your own lunch and one snack (or case of water) to share for the week.

Director of Christian Education is Linda Shivers.

contact info: necsvga@aol.com, home- 860-871-9164, cell-860-558-7632

RUMC Vacation Bible School

June 25 to June 29, 2019

9 am to 12 pm

\$20 per child (\$40 Maximum per family)

Children from age 3 (toilet trained) to 5th grade

(just finished as of June 2019)

Please fill out and return one (1) registration form per family with the payment to Rockville Untied Methodist Church. Make checks out to RUMC with VBS in the note section.

REGISTRATION CLOSSES ON JUNE 5, 2019.

Student's Name(s):

1. _____
Age ____ Grade Completed _____
Allergies we should know about? _____
*Friend they would like to be with? _____
2. _____
Age ____ Grade Completed _____
Allergies we should know about? _____
*Friend they would like to be with? _____
3. _____
Age ____ Grade completed _____
Allergies we should know about? _____
*Friend they would like to be with? _____
4. _____
Age ____ Grade completed _____
Allergies we should know about? _____
*Friend they would like to be with? _____

*Please note that we may not be able to place all children with the Friends they request to be with, but we will try.

Parent/Guardian's Name _____
Home Phone# _____ Cell Phone# _____
Email _____
Address _____
Town/Zip Code _____

To keep costs down, we will provide one music CD per family. If you would like additional CDs, please enclose \$4.00 for each.

of children registered ___ at \$20 each (or \$40 family cap) = _____

Amount enclosed for **additional** music CD _____

I would like to make an additional donation of _____. Total amount enclosed _____

Check # _____



Vacation Bible School
June 24 to 28, 2019

[https://www.rockumchurch.com/
vacation-bible-school/](https://www.rockumchurch.com/vacation-bible-school/)

Church Council Meeting May 19, 2019

Attendees:

Pastor Cheol, Judie Culy, Wayne Badsteubner, Debbie Miller-Harris, Stan Culy, Sandy Gallup, Sue Lessoff, Sylvia Yader, Steve Yader, Mel Bacha, Linda Shivers, Geoff Gerow

Pastor led opening prayer.

1. Trustee report was given by Sue Lessoff, see attached report.

All voted yes on Jacob proceeding with his Eagle Scout offer to build an outdoor worship area. Pastor offered to mow lawns and work with the group to accomplish that. Rest of report was an update.

Next Council meeting is a tentative on June 30th in case need right after service.

2. Pastor report was given by Pastor Cheol, see attached report.

Pastor brought up the conference he attended about not fixing the church but to create disciples. Asking the question "Why do you want to follow Jesus?" You will get your disciples. Pastor would like to hold a class at the church when he is ready.

3. Finance report was given by Judie Culy, see attached report.

Donations are down significantly and Judie felt it was from the Global Pledges. We are receiving \$10,000 less than we received last year.

Fundraising was brought up and especially the Strawberry Festival and if it was a go on June 15th then there is a lot to get done as it is a few weeks away. The note that some will be at conference and some will be gone on 6/15 was brought up. It was decided to proceed with June 15th with prep work on Friday/Friday night if needed, as more can help then. If everyone would sale 5 tickets from Church Council and as the congregation to do the same, then there would be a better head count for the fundraiser. That the price should be \$15.00 per person not the lower priced on the sheets. That market needs to be strong, Judie would like it to be in the paper. If the organizers cannot be there for the entire prep or set up then someone in leadership needs to be to help guide those that are not sure what the process is for prepping potatoes, strawberries or the other food along with the setup for the day of the event. Maybe a Bake Sale to help sale tickets, maybe after Music Fest.

The idea of a fundraiser committee be formed, Pastor, Steve, Judie and Eileen Gay would be the start of it, with a meeting to be schedule soon. That there be less small fundraiser and only a few larger ones in hopes to make more dollars at one time. Use social media more to get the word out.

That a central calendar be utilized to avoid conflicts with fundraisers.

The discussion about protecting funds that are earmarked to certain areas like Sunday School, music and other areas stay as funded and it was brought up that it has for years been used to pay the bills.

The church is at a point that we cannot rob Peter to pay Paul! We need to take this to the congregation so they are aware of what is happening.

Pastor will mow the lawn if the riding lawnmower can be fixed, Steve will look into how much to get the lawnmower working.

Pastor brought up the fact that District has discussed the First Quarter payment with him in the amount of \$30,000. Pastor asked that we understand that the District is just doing its job also.

District will be patient but it needs to be discussed to pay the church's bills before paying District.

Church Council Meeting, May 19, 2019 - cont.

Mission shares are about \$100 at this time that we have.

The envelope today was to be earmarked for any Christian educator funds.

4. Building Bridges was given by Stan Cully, see attached report.

Stan brought up the meeting about the LGBT on 5/22 at 7:00 p.m. at the church led by Nat Woodruff and Stan Culy.

Stan presented his report and it was discussed that more might be learned at conference where District is going with the 1972 statement. Then the church can decide the process that they want to follow. It was noted that the Methodist North has had a flag out for some time.

5. New Business:

Bible study needs to start again.

Clergy meeting regarding District asking for meeting there were several that brought this up at that meeting.

Judie said that anyone that wanted to see the numbers to feel free to ask her as she can provide them.

Publicity with the Bulletin Board, choir, Grove Street and other ways is helping, but need more.

Pastor reiterated that he will be working on setting up a class on discipleship in the near future.

The LGBT matter what ever process is chosen needs to have a positive goal with a good understating that includes our younger group that all was done that could be.

Meeting closed.

Debbie Miller



Shop to Help RUMC



UMC Market is an online platform that links shoppers to companies that will donate to the Methodist church of their choice. It is free to sign up and there is no fee to use the program. Instructions on how to sign up and use the platform are on the "How Can I Help" page of our website: <https://www.rockumchurch.com/how-can-i-help/>

UMC Market has links to hundreds of stores, including some that might have the perfect Father's Day gift: Kohl's, Sears, L. L. Bean, Levi's, Men's USA, Barnes & Noble, The New York Times, Microsoft, GNC, Auto Barn, Cycle Gear, Dell, Verizon, MLBshop.com, Bass Pro Shops, Trip Advisor, Stub Hub, IRobot... The link to the platform is on the bottom of the home page of the website.

An advertisement for Amazon Smile. The background is light blue. On the left, text reads: "Make this Father's Day extra special", "Find the perfect gift at smile.amazon.com and Amazon donates.", and "You shop. Amazon donates. amazon smile". On the right, there is an image of a smartphone displaying the Amazon Smile app interface, a shaving brush on a stand, and a pair of brown leather hiking boots. A large yellow arrow points towards the right side of the ad.

The link to our RUMC Amazon Smile login page is on the bottom of our website home page. <https://www.rockumchurch.com/home/>

COMMUNITY EVENTS

St. Bernard's Craft Fair
June 1, 2019
9 am to 2 pm

South Windsor Community Chorus Concert
June 1, 2019
7 pm

\$7 adults, kids and seniors \$5

We will collect food for the South Windsor Food Pantry.

Household Hazardous Waste Collection

June 1, 2019

8 am to 1 pm

at 321 Olcott Street, Manchester

August 24

September 28

November 2

For residents of Glastonbury, Hebron, Manchester, Marlborough, Somers, South Windsor, Stafford, & Vernon.

Bring a Driver's License, Tax Bill or Car Registration to prove residency.

Southern New England Walk to Emmaus Community Gathering

at

ROCKVILLE UNITED METHODIST CHURCH

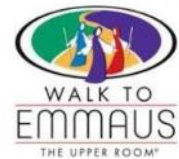
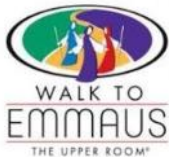
142 Grove Street, Rockville, CT

Saturday, June 8, 2019

12-3 pm

Potluck, Fellowship, Music and Worship

All are welcome – come and bring a friend



RUMW's Breakfast

June 23, 2019

11:30 am

The sign up sheet is on the RUMC Event's Bulletin Board

The South Windsor **American Legion** Post 133 is inviting all veterans to attend one of their monthly meetings: the third Tuesday of the month at 7 pm at the South Windsor Community Center, room 207, 150 Nevers Road, South Windsor, CT 06074.
<http://www.swlegion133.org/>

*The Church Council Minutes are now
on our website.*

<https://www.rockumchurch.com/church-council-reports/>

CHURCH WORLD SERVICE

CELEBRATE & HONOR THE PARENTS IN YOUR LIFE

Church World Service (CWS) makes a difference in the lives of children and adults around the world. CWS provides us an opportunity to help people around the world who struggle against poverty and powerlessness.

CWS help comes in many shapes and sizes; You can make an unspecified donation or specify how the money should be spent.

On **Father's Day, June 17**, we will honor the **Mothers and Fathers** in our lives; these special people will be listed in the bulletin insert on Father's Day. Orders will be accepted from **Mother's Day, May 13 through Sunday, June 10**.

Please return this to the church office no later than June 10.

CWS - HOPE, HONOR, AND CELEBRATION

QTY	Cost	Impact
___	\$5	Health Center visit for a Refugee Child
___	\$10	Provides 1 blanket
___	\$10	Corn and Beans to plant
___	\$15	Rehabilitate a severely malnourished child
___	\$15	CWS Hygiene Kit
___	\$18	3 Hens and a Rooster
___	\$20	Books for 10 students
___	\$22	500 fishlings
___	\$75	CWS Emergency Cleanup Bucket
_____		Provides service where needed most



Enclosed is my check for \$_____ payable to Rockville United Methodist Church

In Honor of _____

In Memory of _____

In Celebration of _____

Signed _____

(Orders will be accepted through June 10)

Volunteer Opportunities

Through the Church:

Worship Attendants: There are many opportunities to serve the church on Sundays: greeters, ushers, liturgists, hosting fellowship, or bringing the food donations to the pantry. The sign-up sheet is in the Narthex.

Church Maintenance: The GOM's need your help! Since our Grumpy Old Men are getting even older there are many things they did without fanfare on Wednesday mornings that they can no longer do. We will start posting in the bulletin, on Facebook, and on the website activities where we need help; these are activities octogenarians should no longer be doing. Please keep an eye out for these opportunities, and help where you can.

Refugee Program: Please talk to Steve Yoder if you would like to help the Marri family. Transportation and English lessons/practice are two of the opportunities available.

Prayer Chain: If anyone is interested in joining the prayer chain and would prefer contact via telephone, please call Phyllis King at (860) 454-5127

VBS: Linda is coordinating the volunteers for Vacation Bible School. Kids who have participated in our VBS are encouraged to volunteer to lead it.

Food Collection: Volunteers are needed to bring the nonperishable food items in our donation box to one of the food pantries in town. The sign up sheet is on the volunteer bulletin board.

Strawberry Fest Workers: The sign up sheet for the workers of the Strawberry Fest is on the RUMC Bulletin Board. Please donate something for our baked sale that will take place during the Strawberry fest.

June 2

Acts 16: 16-34
Psalm 97 (UMH)
Revelation 22: 12-14, 16-17, 20-21
John 17: 20-26

Acts 1:1-11
Psalm 47 (UMH)
Ephesians 1: 15-23
Luke 22: 44-53

June 9

Acts 2: 1-21
Psalm 104: 24-34, 35b (UMH)
Romans 8: 14-17
John 14: 8-17(25-27)



June 16

Proverbs 8: 1-4, 22-31
Psalm 8 (UMH)
Romans 5: 1-5
John 16: 12-15

June 23

1 Kings 19: 1-15a
Psalm 42 (UMH)
Galatians 3: 23-29
Luke 8: 26-39

June 30

2 Kings 2: 1-2, 6-14
Psalm 77: 1-2, 11-20 (UMH)
Galatians 5: 1, 13-25
Luke 9: 51-62

June Worship Attendants

Laurie Bacha is our Liturgist on Sunday June 2, 2019.

We need volunteers for the rest of June: June 16th, 23rd, and 30th for the following volunteer opportunities:

Liturgist, Fellowship, Greeters, Food Collection, Altar Flowers.

JUNE IS NATIONAL PTSD AWARENESS MONTH¹

PTSD (posttraumatic stress disorder) is a mental health problem that some people develop after experiencing or witnessing a life-threatening event, like combat, a natural disaster, a car accident, or sexual assault. It's normal to have upsetting memories, feel on edge, or have trouble sleeping after a traumatic event. At first, it may be hard to do normal daily activities, like go to work, go to school, or spend time with people you care about. But most people start to feel better after a few weeks or months. If it's been longer than a few months and you're still having symptoms, you may have PTSD. For some people, PTSD symptoms may start later on, or they may come and go over time.

Although there is a core set of PTSD symptoms that are required for the diagnosis, PTSD does not look the same in everyone. In addition, symptoms may come and go and may change over time from childhood to later adulthood. Sudden traumatic events of disaster or mass violence can lead to injury, death, and psychological distress. Events in the media can also trigger reminders to past events.

War and Combat: During war or conflict, military Service members and civilians are exposed to a number of potentially traumatic events. This exposure can increase their chances of having PTSD or other mental health problems.

Sexual Assault: Sexual assault is defined as any sort of sexual activity between two or more people in which one of the people is involved against their will.

RELATED PROBLEMS:

- **Anger:** Anger is often a large part of a survivor's response to trauma. It is a core piece of the survival response in human beings. Anger helps us cope with life's stresses by giving us energy to keep going in the face of trouble or blocks. Yet anger can create major problems in the personal lives of those who have experienced trauma and those who suffer from PTSD.
- **Depression:** Depression is a common problem that can occur following trauma. It involves feelings of sadness or low mood that last more than just a few days. Unlike a blue mood that comes and goes, depression is longer lasting. Depression can get in the way of daily life and make it hard to function. It can affect your eating and sleeping, how you think, and how you feel about yourself.
- **Traumatic Brain Injury:** Traumatic brain injury (TBI) occurs from a sudden blow or jolt to the head. Brain injury often occurs during some type of trauma, such as an accident, blast, or a fall. Often when people refer to TBI, they are mistakenly talking about the symptoms that occur following a TBI. Actually, a TBI is the injury, not the symptoms.
- **Chronic Pain:** Chronic pain is when a person suffers from pain in a particular area of the body (for example, in the back or the neck) for at least three to six months. It may be as bad as, or even worse than, short-term pain, but it can feel like more of a problem because it lasts a longer time. Chronic pain lasts beyond the normal amount of time that an injury takes to heal
- **Sleep Problems:** Many people have trouble sleeping sometimes. This is even more likely, though, if you have PTSD. Trouble sleeping and nightmares are two symptoms of PTSD.
- **Substance Misuse:** People with PTSD are more likely than others with the same sort of background to have drinking problems. By the same token, people with drinking problems often have PTSD. Those with PTSD have more problems with alcohol both before and after getting PTSD. Having PTSD increases the risk that you will develop a drinking problem. Having PTSD and alcohol use problems at the same time can make the symptoms of each worse. The good news is that treatment works, and therapy can target both problems at the same time.
- **Suicide:** National Suicide Prevention Lifeline: 1-800-273-8255; Veterans Crisis Line: 1-800-273-8255, press "1"
- **Self-Harm and Trauma:** When people harm their own bodies on purpose, it is referred to as self-harm. Learn about how common self-harm is, who engages in it, and treatments for the behavior.

¹<https://www.ptsd.va.gov/index.asp>

MARK YOUR CALENDARS

CPR Classes
June 1, 2019
Class lists are on the
bulletin board.

Walk to Emmaus Fellowship
June 8, 2019
12 - 3 pm

Confirmation Sunday
June 9, 2019
10 am

**New Covenant UMC, East
Hartford, CT**

Seekers
June 11, 2019
10 am

Strawberry Supper
June 15, 2019
5 - 6:30 pm

Crossing Jordan Concert
June 22, 2019

UMW Breakfast Meeting
Mitchell's Restaurant
June 23, 2019
11:30 am

Vacation Bible School
June 24 - 28, 2019
9 am to noon

Church Council
June 30, 2019
11:15 am

Youth Mission Week
July 22 - 26, 2019



Join the Choir..
You'll Be Glad
You Did!

Talk to Karen Stearns if
you are interested in
singing with the choir.



Have you made your will?
Have you remembered
your church?

We collected a total of **68** food items in May. So far we have donated **377** food items in 2019. The food was distributed to the Cornerstone Food Pantry and the Hockanum Valley Food Pantry. Thank you for helping your local community.



Return Service
Requested

Rockville United Methodist Church



Adult Study — 9:00 am
Sunday School 10:00 am
Worship Service 10:00 am



Coffee & Fellowship follow the worship service
Nursery Care is available for children 4 and under.

Office Hours 10am-2pm Tuesday-Friday

To update address information or to be removed from the mailing list, please call or e-mail the church office.

Our Mission Statement

Rockville United Methodist Church is a people seeking to be faithful to God; by reaching out to all, inviting each to a relationship with God, nurturing each in the love of Jesus Christ and sending everyone back into the world to minister in God's name.



Phone: 860-875-6562
E-mail: RockvilleUMC@outlook.com
starcheol@gmail.com
Website: www.rockumchurch.com

Rev. SeokCheol Shin, Pastor
Karen Stearns, Music Director
Diane Lajoie, Office Manager
Linda Shivers, Director of Christian Education
Diane Lajoie, Church Custodian
Rev. Stan Culy (Retired)
Dr. Belinda Forbes, Missionary to Nicaragua

CROSSING JORDAN Back at RUMC!



In Concert with Our Own
Grove Street Praise Band
June 22nd at 7pm
Tickets: \$40
(Support Our Youth! Save the Date!)



Special Needs

Nick - medical
 Madison Kanneman - emotional support & medical recovery
 Kate and family and all displaced by natural disasters
 Staci Rizner - medical
 Colin Thorn - medical
 Vetta - family tragedy
 Bob Hornbecker
 Rob Cook—medical
 Domanik—healing
 Anonymous— sobriety
 Betty Ann Oppelt—medical
 Ellen Hendrick—medical
 Tami Rizner—medical
 Justin—medical



Those in Christian Service

Dr. Belinda Forbes
 Accion Medica Christiana,
 Managua, Nicaragua
Pastor Kristin White,
 Green Street UMC,
 Augusta, ME

Our Church Family

Marie Pierce—medical
 Lucy Maupin - medical
 Norine Veal—medical
 Finn Halladay—medical
 Linda Thouin—medical
 Helen Stambo—medical
 Carol Robbins—medical
 Ginny Hickton—medical
 Luke Longo- bereavement
 Judy Wilkie—medical

Those in nursing homes, Assisted Living and with limited mobility

Esther Harris-home
 Eleanor Schreiber-Crestfield Manor
 Shirley Edwards-Brookdale SW
 Vita Aiello-Fox Hill
 Pat Brandt—Pennsylvania
 Kay Lyke - Crestfield Manor
 Irene Surette—home
 Tom Rider - Fox Hill
 Ray Clark - home
 Harry Thomas - Woodlake
 Janet McKercher—White Oaks
 Norine Veal—Woodlake
 Phyllis King—home
 Helen Stambo-home



Jack Wilkie	June 1	Wayne Badstuebner	June 20
Mike Gay	June 1	Craig Stearns	June 20
Arielle Shivers	June 3	Ricki Aiello	June 20
Lucas Beloff	June 4	Stephen Yoder	June 21
Camden McPeck	June 8	Rayana Culvey	June 23
Helen Stambo	June 12	Alex Prevost	June 28
Joanne Stenger	June 13	Sean Chapman	June 29

Quote of the Month

“He didn’t tell me how to live, he lived, and let me watch him do it.”

~Clarence Budington Kelland